

September 2025



STARFISH FAMILY SERVICES SS FOOD MENU

FAMILY SERVICES Notes: whole milk served with <u>every</u> breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|--|-----------------|----------|
| | 8 Parent Orientation | 9 Whole Apples, Cornflakes Beefy Rotini Paste w/ Orange Wedges, Sweet Peas Strawberry Yogurt, Peaches | 10 WGR Pancakes, O.J. Turkey 'n' Swiss Sub, Pears, Mixed Vegetables WGR Crackers w/ Cheese | MGR Chex, Pineapples Mac 'N' Chz, Broccoli, Strawberries, WGR Roll harvest Sun Chips ,Peaches | 12 No school | 13 |
| 14 | 15 WGR Cheerios, Fruit Cocktail Sloppy Joe on WGR Bun, Corn, Tropical Fruit Cheddar Goldfish, Milk | 16 WGR Muffin, Clementines Veggie Lasagna, Breadsticks, Watermelon WGR Chex Mix, Milk | 17 WGR Bagel, Applesauce Spaghetti w/ Ground Turkey, Veggie Blend, Apples WGR Pretzel w/ Cheese Dip | 18 WGR Waffles, Bananas Beefy Burrito Bowl, Pinto Beans, Cilantro Rice, Oranges Pretzel & Cheese Dip | 19 No school | 20 |
| 21 | 22 WGR Chex, Pineapples Mandarin Chx Salad, Pita, Mandarin Oranges WGR Crackers, Spinach Dip | 23 WG French Toast, Apple Juice Veggie Lasagna, Breadstick, Peaches, Spinach/Carrots Tomato Slices 'N' Ranch, Milk | 24 Sliced Apples, Yogurt Mesquite Chicken, WGR Roll, Green Beans, Pineapples Cheddar Goldfish, Milk | 25 WGR Kix, Bananas Beefy Burrito Bowl, Pinto Beans, Cilantro Rice, Mandarin Oranges WGR Teddy Grahams, Fruit Cocktail | 26 No school | 27 |
| 28 | 29 WGR Chex, Pineapple Tidbits Chicken Shawarma, WGR Pita, Mandarin Oranges, Broccoli WGR Crackers, Spinach Dip | Manufacil Batasta a Bassala a | | | | |
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