



September 2025



# STARFISH FAMILY SERVICES FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8 Parent Orientation	9 French Toast w/ Strawberries PB Burger w/ Apple Slices, Sweet Potato Fries Peaches w/ Yogurt	10 Pears, WGR Cheerios BBQ Chicken Sub, Watermelon, Red Potatoes Cheez-Its, Apple Juice	11 WGR Pancakes, Applesauce Popcorn Chicken, Dinner Roll, Green Beans, Banana Graham crackers, Milk	12 No school	13
14	15 WGR Cornflakes, Oranges HM Mac 'n' Chz, Peas, & Peas Pretzels, Sun Splash Juice	16 WGR Waffles, Applesauce Beef/Cheddar Roll-Up, Carrots, & Pineapple Strawberry Yogurt Chex 'n' Milk	17 Cinnamon Toast, Pears Hamburger, Fries, & Apple Slices WGR Cheez-Its, Apple Juice	18 Rice Krispies, Peaches Soy Jammer, Mandarin Oranges, Fresh Broccoli WGR Muffin, Milk	19 No school	20
21	22 Corn Chex, Peaches Bean/Chz Burrito, Apples, & Corn 'n' Peppers WGR Blueberry Muffin, Apple Juice	23 WGR French Toast, Tropical Fruit Turkey 'n' Gravy Sandwich, Pineapple, Carrots Cinnamon Crackers, Milk	24 WGR Toasted Oats, Banana Meatball Sub, Applesauce, & Green Pepper Strips Townhouse Crackers, Cheese Stick	25 Cinnamon Bagel, Pears Chicken-Fried Rice, Oranges, & Peas/Carrots Emoji Crackers 'n' Milk	26 No school	27
28	29 WG Cheerios, Peaches Cheesy Garlic Bread, Carrots & Apple Slices WGR Muffin, Apple Juice	30 Bagel 'n' Cream Chz, Applesauce Turkey 'n' Chz Sandwich, Broccoli, & Pears Vanilla Yogurt, Strawberries				