



December 2025

# STARFISH FAMILY SERVICES MARYGROVE FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 WGR Cheerios, Fruit Cocktail Sloppy Joe on WGR Burger Bun, Corn, Tropical Fruit Blend WGR Cheddar Goldfish, Milk	2 WGR Muffin, Clementines Vegetarian Lasagna w/ Breadstick, Spinach/Carrots, Watermelon WGR Chex Mix, Milk	3 Wheat Bagel, Apple Sauce WGR Spaghetti w/ Ground Turkey, California Veggies, Apples WGR Soft Pretzels, Cheese Dip	4 WGR Kix Cereal, Bananas Beefy Burrito Bowl, Cilantro Rice, Pinto Beans, Mandarin Oranges WGR Teddy Grahams, Fruit Cocktail	5 No school	6
7	8 WGR Blueberry Chex, Pineapples Mandarin Chicken Salad w/ Pita, Broccoli, Oranges WGR Crackers 'n' Spinach Dip	9 WGR Banana Muffin, Apple Slices Meatloaf w/ Gravy, Hawaiian Roll, Mashed Potatoes, Diced Peaches Tomato Slices w/ Ranch Dressing	10 Yogurt w/ Sliced Apples Rotisserie Chicken, WGR Roll, Green Beans, Pineapple Tidbits WGR Graham Crackers, Milk	11 WGR Cheerios, Oranges HM Southern Pinto Beans, Collard Greens, Oranges WGR Graham Crackers, Milk	12 No school	13
14	15 WGR Rice Chex, Apple Juice BBQ Meatballs w/ WGR Bread, Redskin Potatoes, Pears WGR Animal Crackers, Milk	16 Cinnamon Bread, Bananas Curry Chicken over WGR Pilaf, Sweet Peas, Cantaloupe WGR Wheat Crackers w/ Cheese	17 Corn Flakes, Mandarin Oranges HM Chile Con Carne w/ WGR Crackers, Mixed Vegetables, Sliced Apples WGR Cheez-Its, Milk	18 WGR Muffin, Sliced Peaches HM Cheese Pizza w/ BBQ Sauce, Tossed Salad, Tropical Fruit WGR Chex Mix, Milk	19 No school	20
21	22 No school	23 No school	24 No school	25 No school	26 No school	27
28	29 No school	30 No school	31 No school			