



December 2025

STARFISH FAMILY SERVICES FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Apple Muffin, Orange Juice WGR Pollock Fish Sticks, Mixed Veggies, Pineapple Choco Chickpea Spread & Flatbread	2 WGR French Toast, Strawberries PB Sloppy Joe Sandwiches, Sw. Potato Fries, Apple Slices Vanilla Yogurt w/ Diced Peaches	3 WGR Cheerios, Diced Pears BBW Chicken Sub on WGR Bun, Roasted Potatoes, Fruit Medley WGR Garden Salsa Chips, Juice	4 WGR Pancakes, Applesauce WGR Halal Popcorn Chicken, Green Beans, Bananas WGR Graham Crackers, Milk	5 No school	6
7	8 WGR Maple Waffles, Chunky Applesauce Halal Roast Beef & Cheddar Roll-Up, Baby Carrots, Pineapple Strawberry Yogurt Chex, Milk	9 WGR Cornflakes, Mandarin Oranges HM Mac 'N' Cheese, Sweet Peas, Diced Pears WGR Goldfish Crackers Sun Splash	10 Cinnamon Toast, Diced Pears Cheeseburger on WGR Bun, French Fries, Apple Slices WGR Goldfish, Apple Juice	11 Rice Krispies, Diced Peaches Soy Jammer w/ Grape Jelly, Cucumbers, Oranges WGR Cinnamon Muffin, Milk	12 No school	13
14	15 WGR Corn Chex, Diced Peaches Bean & Cheese Burrito, Corn 'n' Peppers, Apples WGR Blueberry Muffin, Apple Juice	16 WGR French Toast, Tropical Fruit Turkey 'N' Gravy Sandwich, Cooked Carrots, Pineapple WGR Bug Bites Crackers, Milk	17 WGR Toasted Oats, Banana Meatball Sub on WGR Bun, Green Pepper Strips, Applesauce Colby Cheese 'n' Crackers	18 WGR Cinnamon Bagel, Pears Chicken Taco/Salad, Clementine, Lettuce/Tomato Teddy Grahams, Milk	19 No school	20
21	22 No school	23 No school	24 No school	25 No school	26 No school	27
28	29 No school	30 No school	31 No school			