January 2026

STARFISH FAMILY SERVICES FOOD MENU

Notes: whole milk served with every breakfast, WG = Whole Grain, HM = Home Made, PB = Plant Based EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	**2** No school	**3**
4	**5** Chunky Applesauce, WGR Cheerios WGR Bosco Sticks, Green Beans, Tropical Fruit WGR Strawberry Chex, Milk	**6** WGR Pancakes, Strawberries Chicken A La King over WGR Rice, Vegetable Medley WGR Teddy Grahams 'n' Milk	**7** WGR Chex, Diced Pears Cheese and Pinto Bean Roll-Up, WGR Tortilla, Applesauce WGR Cheez-Its, Milk	**8** WGR French Toast, Oranges Vegetarian Bean Chili, Corn Bread Poppers, Pineapple Cinnamon Chickpea Spread, Apple Slices	**9** No school	**10**
11	**12** Rice Krispies, Diced Pineapple Mozzarella Cheese Pull Apar, Mandarin Oranges, Salad w/Dressing WGR Scooby Doo Crackers, Milk	**13** WGR Bagel, Orange Slices Halal Roast Beef 'n' Cheddar Sandwich, Chunky Applesauce, Carrots Vanilla Yogurt, Frozen Blueberries	**14** WGR Waffles, Tropical Fruit Halal Chicken Poppers, Peaches, WGR Dinner Roll, Potato Salad WGR Lemon Bread, Milk	**15** WGR Cornflakes, Banana Soy Butter 'n' Jelly Sandwich, Mixed Melon, Cucumbers Cheese 'n' Townhouse Crackers	**16** No school	**17**
18	**19** No school	**20** WGR Cornflakes, Oranges HM Mac 'n' Cheese, Diced Pears, Sweet Peas WGR Crackers, Sun Splash Juice	**21** Cinnamon Toast, Diced Pears Cheeseburger on WGR Bun, French Fries, Apple Slices WGR Goldfish, Apple Juice	**22** Rice Krispies, Diced Peaches Soy Butter 'n' Jelly Sandwich, Cucumbers, Oranges WGR Cinnamon Muffin, Milk	**23** No school	**24**
25	**26** WGR Corn Chex, Diced Peaches Bean 'n' Cheese Burrito, Mixed Veggies, Apple Slices WGR Blueberry Muffin, Apple Juice	**27** WGR French Toast, Tropical Fruit Turkey 'n' Gravy Sandwich, Cooked Carrots, Diced Pineapple WGR Cinnamon Crackers, Milk	**28** WGR Toasted Oats, Fresh Melon Meatball Sub on WGR Bread, Green Pepper Strips, Applesauce Colby Cheese 'n' Crackers	**29** WGR Bagel, Diced Pears Chicken Fried Rice, Peas 'n' Carrots, Mandarin Oranges WGR Teddy Grahams, Milk	**30** No school	**31**