



July 2026

STARFISH FAMILY SERVICES SALVATION ARMY MENU

Notes: whole milk served with every breakfast, WG = Whole Grain, HM = Home Made, PB = Plant Based EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No school (Summer Break)	2 No school (Summer Break)	3 No school (Summer Break)	4
5	6 Banana, Cornchex Chicken Patty on WGR Bun, Mandarin Oranges, California Vegetables WGR Emoji Cracker, Orange Juice	7 WGR Cornchex, Mandarin Oranges Cheese-Stuffed Breadstick w/ Red Sauce, Cucumbers, Diced Peaches WGR French Toast Goldfish, Juice	8 Cinnamon Raisin Bread, Fruit Salad WGR BBQ Chicken Sub Sandwich, Green Peppers, Watermelon Vanilla Yogurt w/ Presidential Crackers	9 Rice Krispies, Apple Sauce Tuna Salad w/ WGR Crackers, Green Beans, Diced Peaches WGR Blueberry Muffin, Apple Sauce	10 No school	11
12	13 WGR Cheerios, Chunky Apple Sauce Cheesy Garlic Pull Apart Bread, Green Beans, Tropical Fruit Blend WGR Strawberry Chex, Apple Juice	14 WGR Pancakes, Strawberries Chicken A La King over Rice, Mixed Veggies, Diced Pears Teddy Grahams 'n' Milk	15 WGR Rice Chex, Peaches Quesadilla Roll-Up w/ Sweet Corn 'n' Peppers, Apple Sauce WGR Cheez-Its, Milk	16 French Toast Sticks, Oranges Vegetarian Chili w/ Corn Poppers, Veggie Blend, Diced Pineapple Sliced Apples, Maple Chickpea Spread	17 No school	18
19	20 WGR Mini Wheats, Diced Peaches Meatball Sub on WGR Bun, Green Pepper Strips, Chunky Applesauce WGR Blueberry Muffin, Apple Juice	21 French Toast Sticks, Tropical Fruits Chicken Fried Rice (WGR), Peas 'n' Carrots, Mandarin Oranges WGR Bug Bite Crackers, Milk	22 WGR Toasted Oats, Fruit Salad Bean 'n' Cheese Burrito (WGR), Corn 'n' Peppers, Apple Slices WGR English Muffin, Chickpea Spread	23 WGR Bagel, Diced Pears Cheesy PB Chili Mac (Vegetarian), Side Salad, Diced Pineapple Banana, WGR Crackers	24 No school	25
26	27 WGR Cheerios, Diced Peaches WGR Cheesy Calzone, Fresh Apple Slices, Baby Carrots WGR Cheez-Its, Apple Juice	28 WGR Bagel, Fresh Melon Blend Halal Roast Beef & Cheddar Roll-Up on WGR Tortilla, Carrots, Pineapple Vanilla Yogurt, Frozen Strawberries	29 WGR Pancakes, Crushed Pinapples HM PB "Beef" Mostacolli, Cucumbers, Mandarin Oranges Cinnamon Chickpea Spread, Grahams	30 WGR Rice Chex, Apple Sauce Chicken Tacos w/ Shredded Lettuce 'n' Tomato, Clementines WGR Teddy Grahams 'n' Milk	31 No school	