



July 2026

STARFISH FAMILY SERVICES MARYGROVE FOOD MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Cycle 2)			1 No school Summer Break	2 No school Summer Break	3 No school Summer Break	4
5 (Cycle 3)	6 WGR Blueberry Chex, Pineapple Tidbits Sausage 'n' Peppers, WGR Bread, Redskin Potatoes, Berry Salad WGR Wheat Crackers, Spinach Dip	7 Banana Muffin, Apple Slices Turkey Burger on WGR Bun, Peas 'n' Carrot, Diced Peaches Tomato Slices w/ Ranch, Milk	8 Vanilla Yogurt, Pears Rotisserie Chicken w/ WGR Roll, Pineapple Tidbits, Green Beans WGR Graham Crackers, Milk	9 WGR Honey Cheerios, Oranges HM White Chicken Chili, WGR Crackers, Sliced Carrots, Orange Wedges WGR Cheddar Goldfish, Apples	10 WGR French Toast Sticks, Diced Peaches BBQ Beef Slider on WGR Bun, Coleslaw, Tropical Fruit WGR Tortilla Chips 'n' Salsa	11
12 (Cycle 4)	13 WGR Chex, Apple Juice Grilled Chicken Nuggets w/ BBQ Sauce, WGR Bread, Broccoli, Pears Animal Crackers, Milk	14 Bananas, Cinnamon Bread Bourbon Meatballs and WGR Rice, Stir Fry Veggies, Fresh Cantaloupe WGR Crackers, Cheese Stick	15 Corn Flakes, Mandarin Oranges Turkey Sausage Croissant Sandwich, Tator Tots, Sliced Apples WGR Cheez-Its, Milk	16 WGR Apple Muffin, Sliced Peaches HM Cheese Pizza, Side Salad, Cinnamon Apple Sauce WGR Chex Mix, Milk	17 No school Professional Development	18
19 (Cycle 5)	20 WGR Raisin Bagel, Pineapple Chunks BBQ Chicken Cheddar Sub, Corn, Orange Wedges WGR Teddy Grahams, Applesauce	21 Honey Bunches Oats, Fruit Cocktail Mac 'n' Cheese, Broccoli, Seedless Watermelon Strawberry Gogurt, Pineapples	22 WGR Kix, Applesauce Mandarin Grilled Chicken Salad, WGR Pita, Mandarin Oranges WGR Graham Crackers, Milk	23 WGR Waffles, Orange Juice HM Tomato Soup with WGR Bread, HM Grilled Cheese, Bananas WGR Cheddar Goldfish, Milk	24 WGR Blueberry Muffin, Pineapple Chicken Fajitas w/ Peppers 'n' Onions, California Veggies, Honey Dew WGR Soft Pretzel w/ Cheese Dip	25
26 (Cycle 6)	27 French Toast Sticks, Sliced Apples HM Chicken Chowder, Bavarian Pretzel, Potatoes, Pinapples WGR Crackers w/ Cheese Stick	28 Vanilla Yogurt, Diced Pears Southern Red Beans 'n' Rice, WGR Corn Muffin, Green Beans, Peaches WGR Harvest Sunchips, Milk	29 WGR Blueberry Chex, Apple Juice Sloppy Joe w/ Ground Beef, WGR Bun, Potatoes, Fruit Blend WGR Chex Mix, Crushed Pineapples	30 WGR Special K, Diced Peaches HM Chicken Biscuit w/ Gravy, Peas 'n' Carrots, Orange Wedges Cucumber Slices w/ Ranch	31 WGR Honey Cheerios, Pears beef Ravioli w/ Red Sauce, Spinach, Apple Slices WGR Animal Crackers, Fruit Cocktail	