



OCTOBER 2026

Scan here to take our
Menu Feedback Survey*



STARFISH FAMILY SERVICES CATERED FOOD MENU

Notes: whole (EHS) or 2% milk (HS) served with every breakfast, WG = Whole Grain, HM = Home Made, EHS menu modified for choking hazards

***Each month** you complete the menu feedback survey, your center receives an additional 15 minutes of in-kind!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cycle 5				1 WGR Waffles & Syrup, Apple Sauce Grilled Cheese Sandwich (WGR), Tomato Soup, Fresh Banana WGR Cheddar Goldfish w/ Milk	2 WGR Rice Krispies, Crushed Pineapple Chicken Parmesan w/ Garlic Bread, Green Beans, Honey Dew Melon WGR Soft Pretzel w/ Cheese Dip	3
4 Cycle 6	5 WGR French Toast Stix, Sliced Apples Italian Chicken Rotini Pasta w/ California Vegetables, Pineapples Cheese Stick w/ WGR Wheat Crackers	6 Vanilla Yogurt w/ Diced Pears Spinach & Carrot Veggie Lasagna, Breadstick, Diced Peaches Cucumber Slices w/ Ranch	7 WGR Blueberry Chex, Milk Hearty Chicken Pot Pie w/ Mixed Veg, HM Biscuit, Tropical Fruit WGR Chex Mix, Crushed Pineapples	8 Special K Cereal, Mandarin Oranges Oven Roasted Turkey 'n' Gravy, WGR Roll, Corn, Mashed Potatoes WGR Harvest SunChips, 'n' Milk	9 WGR Honey Cheerios, Diced Peaches Pepper Steaks w/ WGR Brown Rice, Broccoli, Apple Slices WGR Animal Crackers, Fruit Cocktail	10
11 Cycle 1	12 WGR English Muffins, Diced Pears Italian Meatball Sub on WGR Bun, Sweet Peas, Pineapples Graham Crackers, Mandarin Oranges	13 Corn Flakes, Whole Fresh Apples Turkey Sausage Biscuit Sandwich, O'Brien Potatoes, Orange Wedges Strawberry Yogurt, Sliced Peaches	14 WGR Pancakes 'n' Orange Juice Cheeseburger Rotini Pasta, Crinkle Carrots, Fresh Strawberries String Cheese w/ WGR Wheat Crackers	15 WGR Cinnamon Chex, Pineapples Soft Tacos w/ Ground Beef, Mexican Street Corn, Diced Pears WGR Animal Crackers, Sliced Apples	16 Mandarin Oranges 'n' Raisin Bread Grilled Chicken Nuggets (WGR), Roasted Potatoes, Diced Cantaloupe WGR Cheddar SunChips, Milk	17
18 Cycle 2	19 WGR Cheerios, Fruit Cocktail Chicken Shawarma Pita Sandwich, Broccoli, Tropical Fruit WGR Cheddar Goldfish w/ Milk	20 WGR Blueberry Muffin, Clementines WGR Spaghetti w/ Ground Turkey, , California Veggie Blend, Apple Slices WGR Chex Mix w/ Milk	21 Bagel w/ Cream Cheese, Applesauce Chef Salad w/ Turkey 'n' Vegetables, Pita Bread, Mandarin Oranges WGR Soft Pretzel w/ Cheese Dip	22 Banana w/ WGR Kix Cereal Mac 'n' Cheese w/ WGR Roll, Green Beans, Watermelon WGR Teddy Grahams, Fruit Cocktail	23 No school	24
25 Cycle 3	26 WGR Blueberry Chex, Pineapple Chunks Meatloaf w/ Gravy & Hawaiian Roll, Mashed Potatoes, Mandarin Oranges Spinach Dip w/ WGR Crackers	27 WGR Banana Muffins, Apple Slices Turkey 'n' Swiss Sandwich (WGR), Sweet Peas, Diced Peaches Tomato Slices w/ Ranch	28 Vanilla Yogurt w/ Pears Jamaican Jerk Chicken w/ WGR Roll, Green Beans, Potatoes, Orange Wedges WGR Graham Crackers 'n' Milk	29 WGR Cheerios, Mandarin Oranges HM Southern Navy Bean Soup, Corn Muffin, Crinkle Carrots, Pears WGR Cheddar Goldfish, Sliced Apples	30 WGR Golden Grahams, Diced Peaches Sloppy Joes w/ Ground Beef, Tator Tots, Tropical Fruit WGR Tortilla Chips 'n' Salsa	31