



September 2026

STARFISH FAMILY SERVICES HS/EHS FOOD MENU

Notes: whole (EHS) or 2% milk (HS) served with every breakfast, WG = Whole Grain, HM = Home Made, EHS menu modified for choking hazards

*Each month you complete the menu feedback survey, your center receives an additional 15 minutes of in-kind!

Scan here to take our Menu Feedback Survey*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 No school	2 No school	3 No school	4 No school	5
6	7 No school	8 No school	9 Orientation Blueberry Muffin, Apple Juice	10 WGR Pancakes, Apple Sauce Halal Chicken Nuggets, Roll, Green Beans, Banana WGR Graham Crackers, Milk	11 No school	12
13	14 WG Cornflakes, Mandarin Oranges HM Mac 'n' Chz, Peas, & Peaches Pretzels 'n' Sun Splash 100% Juice	15 WGR Maple Waffles, Apple Sauce Halal Beef 'n' Cheddar Roll-Up, Pineapple, Carrots w/ Ranch Strawberry Chex 'n' Milk	16 Diced Pears, Cinnamon Toast Plant-Based Sloppy Joe (WGR), French Fries, Apple Slices WGR Goldfish, Apple Juice	17 Rice Krispies, Diced Peaches Soy Jammer Sandwich, Fresh Broccoli, Clementines WGR Cinnamon Muffin, Milk	18 No school	19
20	21 WGR Corn Chex, Peaches Bean 'n' Cheese Burrito (WGR), Sweet Corn 'n' Peppers, Apple Slices WGR Blueberry Muffin, Apple Juice	22 French Toast Sticks, Tropical Fruits BBQ Shredded Chicken Sub, Roasted Potatoes, Pineapple WGR Cinnamon Crackers, Milk	23 Fresh Banana, WGR Toasted Oats Meatball Sub (WGR), Applesauce, Fresh Green Pepper Strips Colby Jack Cheese 'n' Crackers	24 Cinnamon Bagel w/ Pears Chicken-Fried Rice (WGR), Peas & Carrots, Oranges WGR Emoji Crackers, Milk	25 No school	26
27	28 WGR Cheerios, Diced Peaches Cheesy Garlic Pull-Apart Bread, Baby Carrots, Fresh Apple Slices WGR Apple Muffin, Apple Juice	29 WGR Bagel, Applesauce Turkey 'n' Muenster Sandwich, Broccoli, Sliced Pears Vanilla Yogurt w/ Strawberries	30 WGR Pancakes, Fresh Melon HM, Plant-Based Mostacolli Pasta, Cucumbers, Mandarin Oranges Tortilla Chips 'n' Salsa	31 Rice Chex, Pears Ground Chicken Taco Bowl, WGR Rice, Fresh Banana WG Teddy Grahams, Milk		