STARFISH FAMILY SERVICES

NOVEMBER 2026

Scan here to take our Menu Feedback Survey*



STARFISH FAMILY SERVICES MARYGROVE MENU

Notes: whole milk served with every breakfast, WGR = Whole Grain Rich, HM = Home Made, EHS menu modified for choking hazards

***Each month** you complete the menu feedback survey, your center receives an additional 15 minutes of in-kind!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Cycle 4	2 WGR Rice Chex, Apple Juice Beef Ravioli w/ Red Sauce, Breadstick, California Vegetables, Pears WGR Animal Crackers 'n' Milk	3 Cinnamon Bread, Fruit Cocktail HM Chile Con Carne, WGR Crackers, Mixed Vegetables, Diced Cantaloupe WGR Crackers and Cheese Stick	4 WGR Corn Flakes w/ Fresh Banana BBQ Meatballs, WGR Bread, Cabbage Apple Slaw, Tropical Fruit WGR Cheez-Its, Milk	5 WGR Apple Muffin, Sliced Peaches HM Cheese Pizza, Salad w/ Italian, Strawberry Apple Sauce WGR Chex Mix 'n' Milk	6 WGR English Muffin, Mandarin Oranges Chicken Fajitas on Soft Tortilla, California Veggies, Sliced Pineapple WGR SunChips 'n' Milk	7
8 Cycle 5	9 WGR Bagel w/ Cream Cheese, Fruit Slider Burgers w/ Roasted Potatoes, Orange Slices WGR Teddy Grahams 'n' Milk	10 WGR Honey Bunches of Oats, Pineapples Chicken Mac 'n' Cheese, Broccoil, Seedless Watermelon Strawberry GoGurtz w/ Pineapples	11 WGR Kix w/ Orange Juice Hibachi Chicken Bowl w/ WGR Rice, Broccoli/Carrots/Onions, Mandarin Oranges WGR Graham Crackers, Milk	12 WGR Waffles, Apple Sauce Grilled Cheese Sandwich on WGR Bread, HM Tomato Soup, Fresh Bananas WGR Goldfish 'n' Milk	13 WGR Rice Krispies 'n' Crushed Pineapples Chicken Parmesan w/ WGR Bread, Green Beans, Honey Dew Melon WGR Soft Preztel w/ Cheese Dip	14
15 Cycle 6	16 Fresh Toast Sticks, Apple Slices talian Chicken Rotini Pasta (WGR), w/ California Veggies, Pinepples WGR Crackers, Cheese Stick	17 Diced Pears w/ Vanilla Yogurt Vegetable Lasagna w/ Breadstick, Diced Peaches Cucumber Slices w/ Ranch Dressing	18 WGR Blueberry Chex, Apple Juice Hearty Chicken Pot Pie w/ Mixed Veg, HM Oven Baked Biscuit, Tropical Fruit WGR Chex Snack Mix, Crushed Pineapples	19 WGR Special K Cereal, Oranges Oven Roasted Turkey w/ Gravy, Roll, Mashed Potatoes, Corn Harvest Sun Chips 'n' Milk	20 **No school** **(Parent/Teacher Conferences)**	21
22 Cycle 1	23 WGR English Muffins 'n' Diced Pears Italian Meatball Sub (WGR), Sweet Peas, Pineapple WGR Graham Crackers, Oranges	24 Corn Flakes, Fresh Whole Apples Turkey Sausage 'n' Biscuit Sandwich, O'Brien Potatoes, Orange Wedges Strawberry Yogurt, Diced Peaches	25 **No school** **(Parent/Teacher Conferences)**	26 **AGENCY CLOSED**	27 **AGENCY CLOSED**	28
29 Cycle 2	30 WGR Cheerios, Fruit Cocktail Chicken Shawarma on WGR Pita, Broccoli, Tropical Fruit, Toum WGR Cheddar Goldfish 'n' Milk					